

Culture & Cultural Competence

Client Culture is the client's individual and unique expression of the sum total of all the client's connections to race, ethnicity, gender, religion, sexual orientation, socio-economic level, interests, family, etc.

Cultural Competency requires:

- A desire to understand the client as the client wishes to be understood.
- Awareness of the characteristics of the client's reference groups.
- Awareness of the worker's own cultural lens – blind spots and biases.
- Seeking client validation of the worker's perceptions.