

Some Reasons for Client Resistance

- **Fear**
 - of being exploited
 - of the unknown
 - of failure
 - of loss of control
 - of loss of self-esteem

- **Lack of trust**

- **Learned response to protect personal and family integrity and boundaries**

- **Learned response based on group history**

- **Learned response to experience power (self-empowerment either active or passive)**