

# ***Concurrent Planning:***

## ***A Three-Stage Model of Casework***

- **Stage One: Doing For (One to four months)**
  
- **Stage Two: Doing With (five to eight months)**
  - 1st Permanency Hearing
  
- **Stage Three: Moving towards Independence (nine to fifteen months)**
  - 2nd Permanency Hearing

# ***Stage One: Doing For (One to Four Months)***

- **Parent Capacity:** Very low, in crisis, disorganized – experiencing traumatic loss and grief
- **Parent-Worker Responsibility:** Worker
- **Secure and Manage Resources:** Worker plans and gets resources
- **Teach Problem-solving Skills:** Worker describes while doing, elicits suggestions
- **Resolve Internal Obstacles:** Stabilize by providing basics and support
- **Establish Support Network:** Involve significant others as resource managers, if available

# ***Examples of Activities:***

- Setting up care for children (Permanency Planning home, kinship support)
- Specific help, direction guidance
- Role model for making phone calls and setting up appointments
- Setting up transportation
- Frequent visits, phone calls
- Checking on progress
- Support managing money
- Supervised or teaching visits
- Role model re: community networking/resource allocation

# ***Stage Two: Doing With (Five to Eight Months)***

- **Parent Capacity:** Moderate, client has basic skills – past traumatic loss stage as bond continues with children
- **Parent-Worker Responsibility:** Collaborative planning, parent does task and worker offers feedback
- **Secure and Manage Resources:** Worker offers information, client gets resources
- **Teach Problem-solving Skills:** Worker prompts for steps, generalize skills to new situation
- **Establish Support Network:** parent request help from network, adds members

# ***Examples of Activities:***

- Parent reports progress to worker on a scheduled basis**
- Parent sets up their own appointments**
- Less frequent home visits, calls initiated by parent**
- If relapse occurs, with the support of the worker, parent able to use supports to return to sobriety**
- Parent begins to make requests for assistance rather than worker having to plan for needs**
- Parent manages their money**
- Increased visitation - more responsibility in caring for children (whether at home or in care)**
- Unsupervised visits, over-night visits**

# ***Stage Three: Moving towards Independence (Nine to Fifteen Months)***

- **Parent Capacity: Good decision-making and implementation skills – preparing to care for child(ren) full time**
- **Parent-Worker Responsibility: Parent**
- **Parent able to secure and manage resources**
- **Worker teaching problem-solving skills and helping parent plan for future**
- **Parent able to request help from network, add members**

# ***Examples of Activities:***

- Parent reports progress**
- Parent increasing responsibility for child care (school, medical, decisions)**
- Arranges support services for themselves – calls caseworker only after making efforts themselves**
- If relapse occurs, parent able to use supports to immediately return to sobriety**
- Parent shares parenting challenges with workers**
- If child is not at home, extended, over-night visits occurring as frequently as possible**