

## SAFETY PLAN SCENARIO

There were four children in the L. family: a 5-year-old boy, a 14-year-old girl, and two older boys who were no longer living at home. Mr. L. sexually abused his 14-year-old daughter.

It was determined during therapy that Mr. L. had a history of sexual relationships with adult females; he did not admit to sexually abusing any other children besides his teenage daughter.

Mr. L. groomed his daughter by making her his “favored” child. He often took her places and involved her in decisions that could or should have been made with his wife. For instance, when Mr. L. went to buy a new car, he took his daughter and she helped in making the final purchase decision.

Mr. L. often criticized his daughter to Mrs. L., labeling her as “bad” or “disobedient” and further distancing the two. Mrs. L. worked full-time and was often tired when she got home. Mr. L. would encourage her to go to bed early, and then spend time with his daughter.

Most of the time they watched television together, in a darkened room. He would allow her to stay up late and he would rub her back while they watched TV. These massages progressed over time to sexual intercourse.