

Widening the Circle

Questions for Widening the Circle

- ☆ Who are the positive resources for your family members?
- ☆ Can you identify three resources for each of your family members?
- ☆ If you could list everybody that has ever had a positive impact on you, who would you list?
- ☆ Let's talk about who should be there instead of who you want there?

Techniques for Widening the Circle

- ☆ Family Resource Exercise
 - Family, Church, Neighborhood, Community, Provider, etc
- ☆ Family Tree
- ☆ Genogram