

# SOLUTION-FOCUSED QUESTIONS PAST SUCCESSES

By focusing on the client's past successes, you can learn, when he/she/the family was functioning well enough not to require child protective services intervention, with the goal of helping the family draw on their successes so they can again be independent.

It is empowering to the client to realize that there was a period in his/her life when he/she was more successful than he/she feels at the moment. It also identifies strengths for you to build upon.

To engage them in the FGDM process you can ask them the following questions:

## Examples of questions to include:

- Was there a time when you had people around you to provide support? Like when you first had your child, when you were planning an event, when you had to move?

## Key possible follow-up questions:

- Who were they?
- Where are they now?
- What do you think would need to happen for them to be willing to provide support again?
- Do you think you would be willing to invite them to your FGC?

## What you may learn by using this technique:

Possible supports to invite to the FGC or that the family has limited or no outside supports increasing the risk to the children.

Your Notes and Examples:

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