

GOALS FOR FAMILY REUNIFICATION

Integrate personal learning regarding boundaries, roles, non-coercion use of power and safety.

Objectives	Casework	Therapeutic Interventions
Hold offender responsible for the abuse	Offer respect for progress in treatment	Offender makes apology to the family taking responsibility for the offense and for distortion of family system. Grooming, set up and maintenance behaviors are discussed.
Hold each family member responsible for managing their emotions & controlling their behavior	Direct private time with NOP & victim to monitor	Use discussion of weekly events in family; visitation, etc. to reinforce changes
Express concerns directly and openly	Monitor “secret keeping” behavior and respond firmly. Example: Non-reporting of broken contracts regarding offender contact with victim	Use circular questioning techniques regarding family tolerance for effect. Identify mixed messages.
Maintain open boundaries with the community	Monitor children’s openness to therapist as the offender reenters the picture	Identify pre-existing conditions, e.g. drinking
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Develop safety plans	Develop contact contract	Identify high risk settings, events, behaviors. Make specific plans for disclosure.
Understand long term impact of incest on the family	Maintain open case for a period after reunification	Identify points at which family or individuals may need additional treatment. Schedule “check-ups.”
Children develop appropriate trust in parental subsystem	Help parents maintain new, non-coercive discipline	Continue to build trust slowly and realistically
NOP maintains emotional and physical accessibility to children	Monitor NOP availability	Assist the family in resisting pull toward old patterns
Reestablish parental role of offender	Concretely and carefully review & monitor specific allowable parent discipline	Build co-parenting alliance between NOP and offender. Assist in understanding and adapting to permanent damage to offender’s parental role

Pietrasek, M. & LeSure, S. (1991)