

Fear & Anxiety



- One of the Most Common Symptoms
- “Walking on Eggshells”
- Avoidance of Sexual Abuse Stimuli

Self Blame

- Related to Level of Adjustment
- Self Blame Due to Participation in Abuse: Failed to Seek Help or Stop Abuse

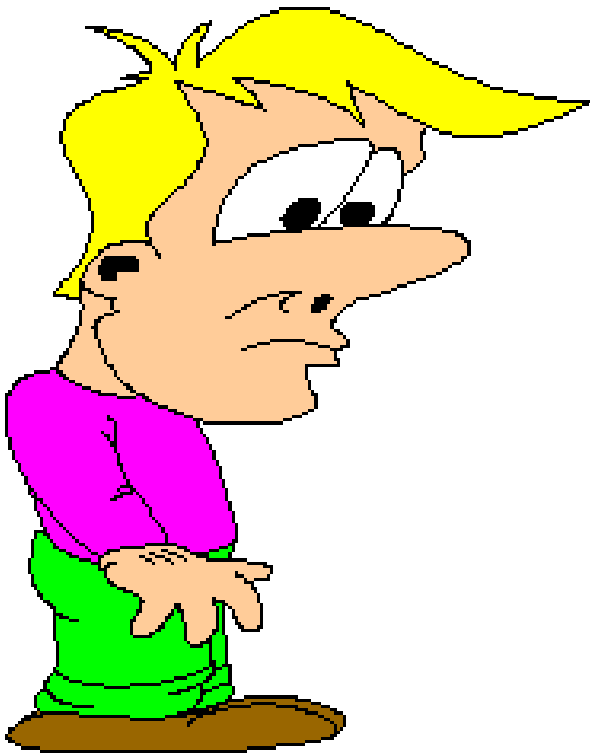


Powerlessness



- Children Whose Bodies Have Been Violated
- Powerless Children Behave in Destructive Ways
- These Children Seek Healthy Experiences

Betrayal & Loss



- Betrayed by Adults Who Were in Charge of their Safety
- Children In Care Were Betrayed
- Children Need to Mourn Losses

Stigmatization

- Children Aware of Negative Connotations
- Cultural Differences
- Children Internally Incorporate What Others Say



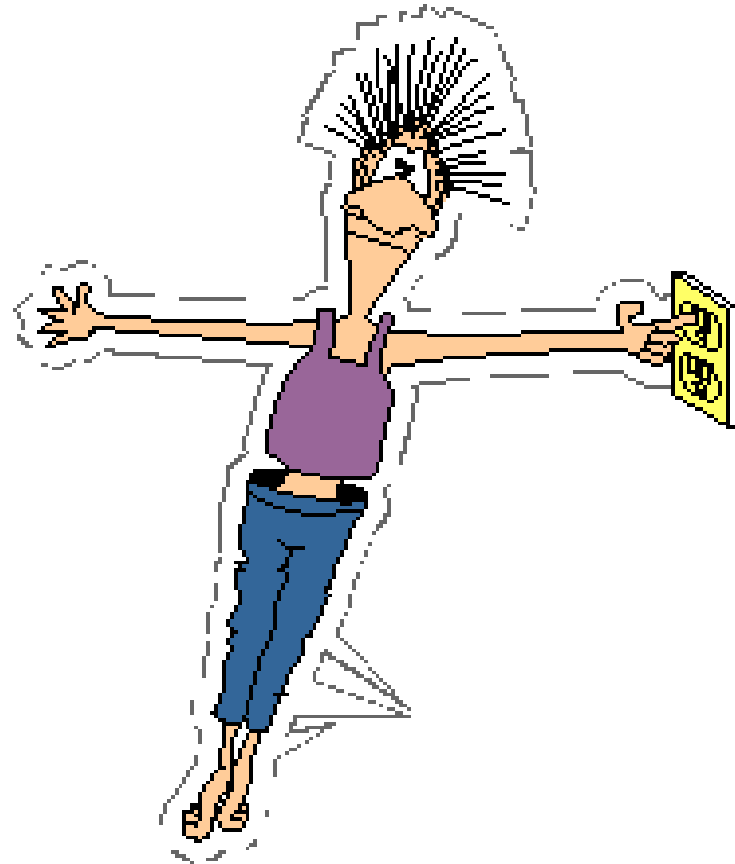
Destructiveness



- Children Take Anger Out on Themselves or Others
- Faced with Lifetime of Failed Efforts
- Self Injury: 1.4%

Dissociation

- Separation of Mental Processes That are Normally Integrated
- Dissociate Emotionally When Physical Escape Not Possible



Attachment



- Insecure Attachments are Risk for Future
- Children in Care Have Additional Attachment Issues
- Attachment Develops Through Behavior

Traumatic Sexualization



- Major Symptoms of Sexually Abused
- Child Sexuality is Shaped Inappropriately
- Developmental Precocious or Coercive Sexual Behavior

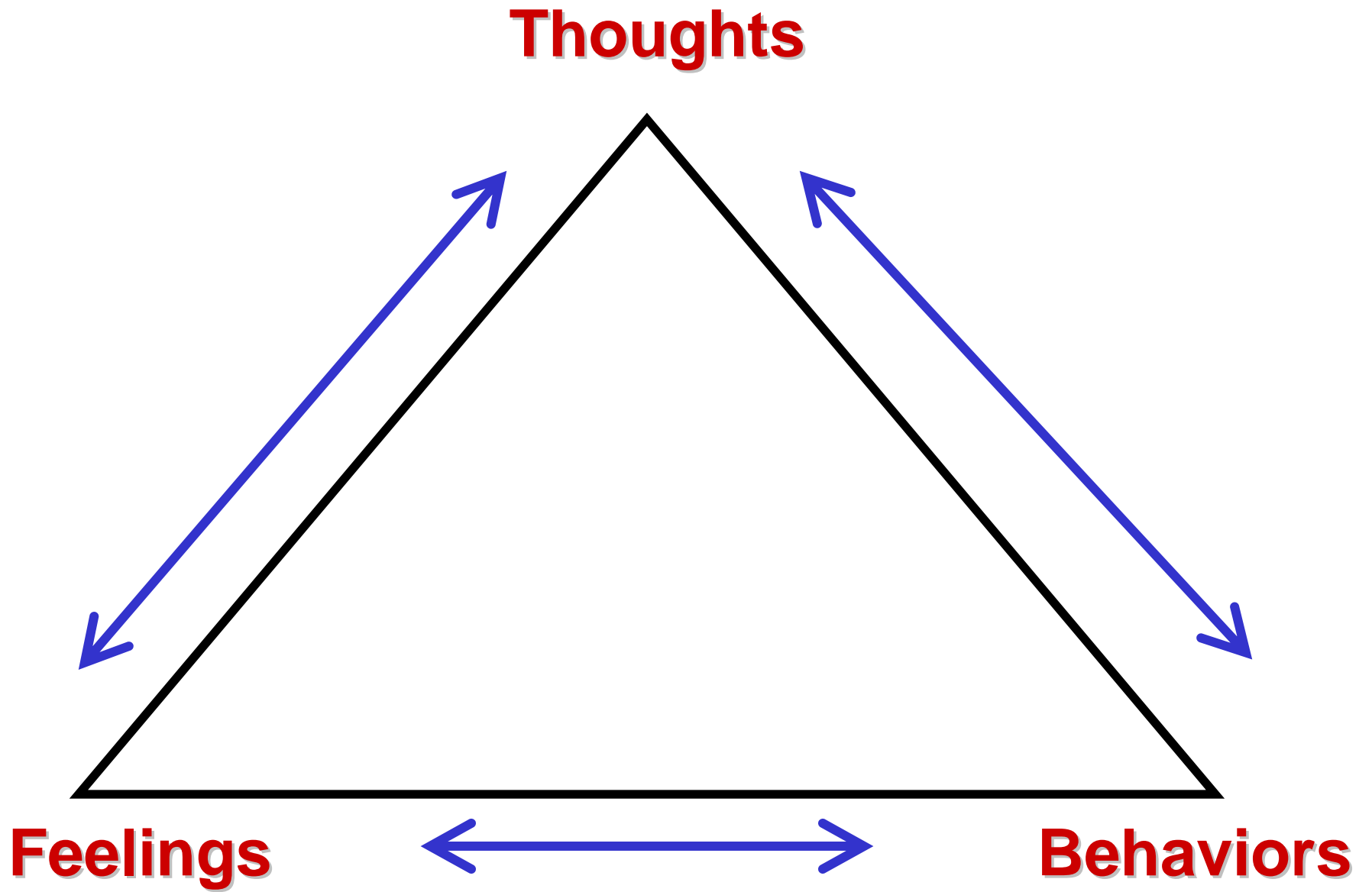
Troubled children do not conceal their emotions well. They have a raw and disconcerting honesty. Perhaps that's why we call them difficult.



Feelings Workshop

- Fear
- Anger
- Blame
- Confused
- Betrayed
- Loss of Control
- Different from Other Kids
- Powerlessness
- Fear of Abandonment
- Guilt





Managing Inappropriate, Negative or Harmful Behaviors

- Separate the Behavior from the Child.
- Pick Your Battles.
- Encourage Positive Behavior.
- Identify and Establish Understandable Standards of Behavior.
- Model or Demonstrate Appropriate Behavior.
- Develop Cues or Signals to Help Child Remember New Behavior.
- Identify and Establish Understandable Standards of Performance.
- Set The Child Up To Succeed.