

# Youth Development Outcomes

- **Belonging and Membership** – Youth feel included and motivated. They have meaningful roles as participants and leaders.
- **Safety and Structure** – Youth live in safe and predictable environments that promote honesty, trust, and respect among all youth and adults.
- **Self-worth** – Youth feel good about themselves and about their ability to make meaningful contributions.
- **Mastery and Future** – Youth feel proud of their accomplishments and confident that they will succeed in the future.
- **Responsibility and Autonomy** – Youth feel accountable for their own actions and their consequences to others.
- **Spirituality and Self-Awareness** – Youth feel unique and intimately attached to extended families, cultural groups, communities, higher deities and/or principles.
- **Physical Health** – Youth act in ways that protect and ensure current and future health for themselves and others.
- **Mental Health** – Youth respond affirmatively and cope with positive and adverse situations. Youth reflect on their own emotions and surroundings and engage in leisure and fun.
- **Intellectual Ability** – Youth are able and motivated to learn in school and other settings; to gain the basic knowledge needed to graduate from high school; to use critical thinking and creative problem-solving and expressive skills; to conduct independent study.
- **Employment** – Youth gain the functional and organizational skills necessary for employment, including and understanding of career and options and the steps necessary to reach goals.
- **Civic and Social Ability** – Youth are motivated to work collaboratively with others for the common good and to build and sustain caring relationships with each other.
- **Cultural Ability** – Youth respect and respond affirmatively to differences among groups and individuals of diverse backgrounds, interests, and traditions.