

## Workshop Directory Page

**TITLE:** Adolescent Issues: Risk, Resiliency, and Positive Youth Development

**COMP. #:** 202

**NO. HRS:** 12

**DATE:** May 2008

**COMPETENCY:**

202-3: The child welfare professional can develop case plans that address the emotional, social, and developmental factors contributing to the child's behavior.

**LEARNING OBJECTIVES:** Participants will be able to:

- ✓ Recognize the ecological contexts in which adolescents develop.
- ✓ Define the multiple factors, including risks and resiliency that influence adolescent development.
- ✓ Apply knowledge of positive youth development, adolescent development, and cultural competence to interventions with youth.

**CALENDAR SUMMARY:**

This training focuses on the participant's knowledge and development of an understanding of adolescent development, risk and resiliency, and strategies to work with youth and their caretakers. It provides child welfare practitioners with a framework for positive youth development, consistent with best practice and social work values. This workshop is eligible for 12 Continuing Education Credits for LSW, LCSW, LPC, & LMFT licensures.

**TARGET AUDIENCE:**

This training is intended for caseworkers and supervisors who work with adolescents.

**EXPECTATIONS OF THE TRAINER:**

The trainer should be knowledgeable regarding adolescents and the importance of strengths and needs in the developing adolescent. The trainer should have an understanding and empathy for the adolescent in her/his life situation. The trainer should have experience with teens around the issues of gender, sexual orientation, race and ethnicity.

## **PENNSYLVANIA STANDARDS/CFSR:**

### Safety

- IIG: Services Planning: Include Formal and Informal Resources
- IIID: Service Deliver: Assure Service Needs

### Permanence

- IIH: Services Planning: Involve Extended Family as a Resource
- IIID: Service Deliver: Assure Service Needs

### Well-Being

- IF: Assessment: Assess Interrelationships of Critical Issues
- IH: Assessment: Consider Culture
- IIG: Services Planning: Include Formal and Informal Resources
- IIID: Service Deliver: Assure Service Needs

## **MATERIALS NEEDED FOR WORKSHOP:**

- ✓ Appendices (See LIST OF APPENDICES Section)
- ✓ CD Player
- ✓ DVDs (See LIST OF DVDs/VIDEOS Section)
- ✓ DVD Player
- ✓ Flip Chart Pads
- ✓ Flip Chart Stands
- ✓ Handouts (See LIST OF HANDOUTS Section)
- ✓ Markers
- ✓ Masking Tape
- ✓ Music CD (See LIST OF CDs Section)
- ✓ Name Tents
- ✓ Overheads (See LIST OF OVERHEADS Section)
- ✓ Toolkits (One Toolkit Per Table. Contents Include the Following Items:)
  - Kaleidoscope
  - Clappers
  - Anchor
  - Pen
  - Eraser
  - Rainbow Lifesavers
  - Stress Ball
  - Thermometer
- ✓ TV

## **LIST OF APPENDICES:**

- 1: National Adolescent Health Information Center: 2006 Fact Sheet on Mortality: Adolescents & Young Adults (5 pages) (1 Table Copy & 1 Trainer Copy)

- 2: National Adolescent Health Information Center: 2007 Fact Sheet on Substance Use: Adolescents & Young Adults (7 pages) (1 Table Copy & 1 Trainer Copy)
- 3: National Adolescent Health Information Center: 2007 Fact Sheet on Reproductive Health: Adolescents & Young Adults (7 pages) (1 Table Copy & 1 Trainer Copy)
- 4: National Adolescent Health Information Center: 2007 Fact Sheet on Violence: Adolescents & Young Adults (5 pages) (1 Table Copy & 1 Trainer Copy)
- 5: National Adolescent Health Information Center: 2006 Fact Sheet on Suicide: Adolescents & Young Adults (5 pages) (1 Table Copy & 1 Trainer Copy)
- 6: A Reference Manual for Professionals Developing Adolescents (47 pages) (6 Table Copies & 1 Trainer Copy)
- 7: Posters (2 pages) (Pre-made by the Training Program)
- 8: Trainer Resources (1 page) (1 Trainer Copy)
- 9: Knowing Who You Are: Facilitator Guide (10 pages) (1 Trainer Copy)

#### **LIST OF CDs:**

- 1: Music CD, "Travis Lloyd: Music" (7 min, 35 sec song repeated 3 times = 22 min, 59 sec)

#### **LIST OF DVDs/VIDEOS:**

- 1: DVD, "In the Life" (25 min, 45 sec: minus credits)
- 2: DVD, Family-to-Family: "Voices of Youth: Supporting Adolescents in Foster Care" (16 min, 32 sec: minus credits)
- 3: DVD, "Knowing Who You Are" (24 min)

#### **LIST OF HANDOUTS:**

- 1: Agenda and Learning Objectives (1 page)
- 2: Adolescent Development Quick Reference Chart (1 page)
- 3: Christine / Jeanne (2 pages)
- 4: Protective Factors Associated with Resiliency (1 page)
- 5: Reframing (1 page)
- 6: Positive Youth Development (1 page)
- 7: Key Characteristics of Positive Youth Development (1 page)
- 8: Success Bingo (1 page)
- 9: 40 Developmental Assets<sup>®</sup> for Adolescents (ages 12-18) (1 page)
- 10: Areas Critical to Positive Youth Development (1 page)
- 11: Youth Development Outcomes (1 page)
- 12: My Action Plan (1 page)
- 13: Bibliography (2 pages)

**LIST OF OVERHEADS:**

- 1: Agenda (1 page)
- 2: Learning Objectives (1 page)
- 3: Statistics (1 page)
- 4: Stages of Adolescent Development (1 page)
- 5: Outcomes Associated with Adolescents in Child Welfare (1 page)
- 6: Developmental Outcomes of Maltreated Adolescents Depends on... (1 page)
- 7: Theories of Risk-Taking (1 page)
- 8: Christine / Jeanne (1 page)
- 9: Resiliency (1 page)
- 10: Protective Factors Associated with Resiliency (1 page)
- 11: Spectrum of Adult Attitudes toward Youth (1 page)
- 12: Key Characteristics of Positive Youth Development (1 page)
- 13: Areas Critical to Positive Adolescent Development (1 page)
- 14: Culture is... (1 page)
- 15: Characteristics of Culturally-Skilled Practitioners (2 pages)
- 16: Youth Development Outcomes (1 page)

**CE CREDITS ASSIGNED:**

CE Credit for LSW, LCSW, LPC, & LMFT (12 hours)