

WORKSHOP DIRECTORY PAGE

TITLE: Interviewing Adolescents Exhibiting Oppositional/Defiant Behaviors

COMP #: 202-5

NO. HRS: 6

DATE: 4/20/99

COMPETENCY: The Child Welfare Professional knows specialized interviewing and Casework strategies which are effective with adolescents.

LEARNING OBJECTIVES: Participants will be able to:

- Identify possible causes of oppositional and defiant behaviors in the interviewing process.
- Clearly articulate the worker's role to the adolescent they are working with.
- Concisely plan and implement sequenced topics to be covered in the interview process.
- Implement interview strategies to move the adolescent beyond oppositional/defiant behavior to a more cooperative stance.

CALENDAR SUMMARY: Caseworkers often deal with adolescents who are fearful, uncooperative, defiant, and angry about being interviewed. This workshop offers participants practical strategies to establish a more positive rapport with these adolescents and elicit the necessary information to complete the interview process in a productive manner.

TITLE OF HANDOUTS:

1. **Agenda**
2. **Causes of Oppositional/Defiant Behaviors**
3. **Foundation Skills Checklist**
- 4A. **Setting the Agenda**
- 4B. **Defining Roles in Developing Rapport**
- 4C. **Case Study of Tanya**
5. **Passive Resistance**
6. **Depression**
7. **De-Escalation Checklist**
- 8A. **ODD Strategies Checklist**
- 8B. **Case Study of Eric**
9. **Action Plan**