



An Experience With Being Different

Think of a LGBTQ youth, either one you had or currently have on your caseload. Name an experience when he/she felt very different from those around them.

Try to assume his/her total behavior (what he/she was doing, what he/she was thinking, what emotions he/she was experiencing, and his/her physiology during the experience).

Has this youth chosen any different aspects of his/her behavior since having that experience?